

Sonography Canada CPD Program

Total triennium credit requirement = 40 credits

Sonography Based Credits:

Sonography Based credits per triennium = 30 minimum Directed Sonography Based activities per triennium = 15 minimum

Relevant to Practice Credits:

Relevant to Practice credits per triennium = 10 maximum

- There is an objective for members to obtain a minimum of 10 credits per year to demonstrate on-going learning.
- CPD credit year is based on calendar year (Jan.1 to Dec. 31).

| Academic Skills | | | | | |
|---|---|--|--|--|--|
| Activity | Activity Type Directed Activities - CPD credits are provided by a recognized CPD provider recognized by Sonography Canada Self-Directed Activities – Not pre-approved for credits, must provide self- | Sonography Based - Must directly involve the practice of sonography Credit Value Maximum | | Relevant to Practice (Non- Sonography Based)- Including nursing, medicine, MLT, MRT, vascular and cardiac non- sonography education, business, management or educationCredit ValueMaximum | |
| | reflection on activity | | | | |
| -Attending national, international, provincial or local conferences and workshops | Directed or Self-Directed | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | |



| - Attending formal technical instruction | | | | | |
|---|-------------------------|----------------------|---------------|----------------------|---------|
| programs/workshops for advanced certification and | | | | | |
| new clinical competencies (ex NT, Breast, MSK, etc.) | | | | | |
| -Participating in institutional educational or quality | | | | | |
| assurance rounds, journal clubs (group literature review | | | | | |
| and discussion) | | | | | |
| Online Activities: webinars, lectures, podcasts, etc. | Directed (preapproved) | 1 per hour, less | | 1 per hour, less | |
| | or Self-Directed | than 1 hour | | than 1 hour | |
| | | credited at 0.25 per | | credited at 0.25 per | |
| | | 15 minutes | | 15 minutes | |
| Reading journal articles and completing associated | Directed (with | 1 per hour, less | 1 per article | 1 per hour, less | 1 per |
| quiz/test is national or international sonography journal | quiz/preapproved) or | than 1 hour | | than 1 hour | article |
| such as: CJMS, JDMS, SVU, JASE, JOGC, CAR Journal etc. | Self-Directed (no quiz) | credited at 0.25 per | | credited at 0.25 per | |
| | | 15 minutes | | 15 minutes | |
| Additional credentialing exams | Directed | 15 per credential | | 15 per credential | |
| | | received | | received | |
| Additional formal education | Self Directed | 15 per Diploma | | 15 per Diploma | |
| | | 20 per Bachelor's | | 20 per Bachelor's | |
| | | degree | | degree | |
| | | 25 per Master's | | 25 per Master's | |
| | | degree | | degree | |
| | | 30 per Doctorate | | 30 per Doctorate | |
| | | Credits are | | Credits are | |
| | | awarded annually. | | awarded annually. | |
| -Reference text review (may include examination | Self-Directed | 1 per hour, less | | 1 per hour, less | |
| instruction, anatomical or pathological review for | | than 1 hour | | than 1 hour | |
| enhanced professional performance) | | credited at 0.25 per | | credited at 0.25 per | |
| - Pathological research/literature review/peer case | | 15 minutes | | 15 minutes | |
| review | | | | | |



| -Management/leadership training (formal) | Directed or Self-Directed | | 1 per hour, less | |
|--|---------------------------|--|----------------------|--|
| -Adult education training/certification | | | than 1 hour | |
| -Language training - related to region of practice | | | credited at 0.25 per | |
| -Patient care education/training/certification | | | 15 minutes | |
| - | | | | |

Scientific / Clinical Research

| Activity | Activity Type | Sonography Based | | Relevant to Practice | |
|---|--|-------------------------------------|------------|-------------------------------------|---------|
| | Directed or Self- Directed | Credit Value | Maximum | Credit Value | Maximum |
| Journal submission and publication | Directed or Self-Directed | 10 per article if | no maximum | 10 per article if | |
| | | principal author, | | principal author, | |
| | | credits will be | | credits will be | |
| | | divided | | divided | |
| | | proportionally if | | proportionally if | |
| | | multiple authors | | multiple authors | |
| Book review for publication | Directed | 2 credits per | no maximum | | |
| | | review | | | |
| | | | | | |
| | | | | | |
| Original scholarly, scientific/clinical research and publicat | 1 | 1 | | | 1 |
| Non peer-reviewed principal author | Directed or Self-Directed | 20 per paper | no maximum | 20 per paper | |
| Peer-reviewed principal author | Directed or Self-Directed | 25 per paper | no maximum | 25 per paper | |
| Non peer-reviewed non-principal author | Directed or Self-Directed | 10 per paper | no maximum | 10 per paper | |
| Peer-reviewed non-principal author | Directed or Self-Directed | 15 per paper | no maximum | 15 per paper | |
| Research participation | Self-Directed | 1 per hour, less | no maximum | 1 per hour, less | |
| | | than 1 hour | | than 1 hour | |
| | | credited at 0.25 per | | credited at 0.25 per | |
| | | 15 minutes | | 15 minutes | |
| | | | | | |
| Original research poster | Directed or Self-Directed | 10 per poster | no maximum | 10 per poster | |
| Original research poster Systematic review (meta analysis) | Directed or Self-Directed Directed or Self-Directed | 10 per poster 10 per paper, must | no maximum | 10 per poster 10 per paper, must | |

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| Activity | Directed or Self- Directed | Credit Value | Maximum | - | |
|---|---|---|--------------------|---|--------------------|
| Professional Service Activity | Activity Type | Sonography Ba | used Only | - | |
| Accredited program course design | Directed or Self-Directed | 8 per course | | | |
| Development of an educational/review poster | Directed or Self-Directed | 3 per poster | | 3 per poster | |
| Development and delivery of a CPD educational activity. Examples: podcast, webinar, etc. not delivered by Sonography Canada | Directed or Self-Directed | 8 per activity | | 8 per activity | |
| Development of CPD educational activity for accepted and delivered by Sonography Canada Examples: podcast, webinar, etc. | Directed | 8 per 50-60 minute educational activity | | | |
| Develop and deliver an international, national, or provincial lecture or hands-on demonstration | Directed or Self-Directed | 8 per 50-60 minute lecture | | 8 per lecture | |
| Develop and deliver student/preceptor/colleague/allied health lecture or hands on skills development (excludes program educators) | Directed or Self-Directed | 3 per 50-60 minute lecture | 9 per triennium | 3 per lecture | 9 per triennium |
| Attending an educator or preceptor workshops/education sessions provided by an accredited program | Directed or Self-Directed | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | 5 per triennium | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | 5 per triennium |
| Precepting students (sonographers, medical, allied health) from an accredited training program. | Directed | 1 per day (~8 hours) | 8 per year | 1 per day (~8 hours) | 8 per year |
| Activity | Activity Type Directed or Self- Directed | Sonography Credit Value | Based Maximum | Relevant to Pr Credit Value | actice Maximum |
| Educational Service (Didactic and Clinic | - | | | | |
| | | research paper | | research paper | |
| | | component of a published or | | component of a published or | |



| Volunteer service to a Canadian / Provincial professional accreditation organization. Examples: Sonography Canad | - | e 1 1 | - |
|---|---------------------------|---|---------------------|
| Executive Committee | Directed | 5 per year | |
| Board of Directors | Directed | 5 per year | |
| Committee Member | Directed | 5 per year | |
| Member of working group | Directed | 3 per year | |
| Chair or lead of committee or group | Directed | +2 per year | |
| Volunteering service to international sonography related organization i.e. WFUM, AIUM etc. | Directed | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | 8 per triennium |
| Exam Development | | | |
| Item Writing | Directed | 1 per 3 items submitted | 5 per year |
| New item review | Directed | 5 per session | |
| Standard Setting (Angoffing) | Directed | 5 per session | |
| Clinical or professional standards development for Sonography Canada, an educational programs or/and institution. | Directed or Self-Directed | 5 per session | |
| Sonography Canada CCSA assessor | Directed | 3 per year | 9 per triennium |
| CJMS journal article technical subject matter review | Directed | 1 per article | 12 per triennium |
| Annual Sonography Canada Conference planning | Directed | 3 per year | 6 per triennium |
| Convening or planning of a provincial or local workshop, or instructional course or education day | Directed | 1 per planned day of the event | 6 per triennium |
| Canadian Professional AGM attendance | Directed | 1 per meeting | 4 per triennium |



| Completion of Sonography Canada member surveys and polls | Directed | Will be awarded according to the importance of and time required to complete the survey. <i>NOTE: not all surveys will be eligible for credits.</i> | | |
|---|---------------|---|---------------------|--|
| Assisting in accredited clinical assessment programs - such as part of Accreditation Canada educational program accreditation or Canadian Hospital Association (CHA) assessment. | Self-Directed | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | 10 per triennium | |
| Participation in/or coordination of a facility accreditation, provincial accreditation (licensing) or international such as ICAVL, ICAEL, AIUM, CorHealth, etc. | Self-Directed | 1 per hour, less than 1 hour credited at 0.25 per 15 minutes | 15 per triennium | |
| Participation in sonography promotional/educational events (career mentoring, job shadowing, career fairs, high school and post-secondary institution career sessions) | Self-Directed | 1 per day | 3 per triennium | |
| Special projects (must be submitted to Sonography Canada for approval of activity and credit allotment. Credits with be granted at the discretion of Sonography Canada) | Directed | | | |

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