

RELEVANT TO PRACTICE

Updated Jan 2018

- Maximum of 10 credits per triennium
- Not sonography based but must enhance professional practice.
- These activities enable the member to expand and improve their knowledge, skills and inter-professional relationships, promoting and enhancing the profession of diagnostic medical sonography and ultimately enhancing patient care.
- Relevant to practice areas include nursing, medicine, MLT, MRT, vascular and cardiac non-sonography education, management/business, educator material, veterinary sonography etc.

An activity must have pre-approved credits awarded by a recognized CPD credit provider to be considered **Directed**, if not, then the activity is considered **Self-Directed** and will require self reflection. For self reflection, a short summary statement will be selected from a drop-down list describing how the activity is relevant to sonography or your practice. You will also have the option to include a brief description of the activity's relevance. This will serve as a reminder of your key learning experience.

****Please note the details that should be entered in to the **Activity Detail** field of the tracking system for each activity****

Academic Skills

Activities	Directed or Self-Directed	Credit Value	Maximum	Details
Attending national, international, provincial or local conferences and workshops	Directed or Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		-A certificate of participation must be uploaded into the online tracking system upon completion.
Attending formal technical instruction programs/workshops for advanced certification and new clinical competencies (dual discipline)	Directed or Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		-Activity must include both didactic and clinical training, does not require hands on training. -Can be from a national, provincial or local service provider or training program. -A certificate of participation must be uploaded into the online tracking system upon completion.

Participating in educational or quality assurance rounds, journal clubs (group literature review and discussion)	Directed or Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		-A certificate of participation must be uploaded into the online tracking system upon completion.
Online Activities: webinars, lectures, podcasts, etc.	Directed or Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		-A certificate of participation must be uploaded into the online tracking system upon completion.
Additional credentialing exams	Self-Directed	15 credits per exam passed		-Credential certificate must be uploaded into the online tracking system upon completion.
Additional formal education	Self-Directed	-15 credits per diploma -20 credits per Bachelor's degree -25 credits per Master's degree -30 credits per Doctorate		-Credits will be awarded annually. -Transcript or record of registration must be uploaded into the online tracking system as proof of enrollment.
Management/leadership training (formal)	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	10 per triennium	- A certificate or letter of participation must be uploaded in the online tracking system upon completion.
Adult education training/certification	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	10 per triennium	- A certificate or letter of participation must be uploaded in the online tracking system upon completion.
Language training - related to region of practice	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	10 per triennium	- A certificate or letter of participation must be uploaded in the online tracking system upon completion.

Patient care education/training/certification	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	10 per triennium	<p>-Examples are CPR/BCLS training, cultural awareness, non-violent crisis intervention etc. Does not include WHMIS or Fire Safety.</p> <p>-Acceptance of these activities will be at the discretion of Sonography Canada</p> <p>- A certificate, letter of participation, or event agenda/poster must be uploaded in the online tracking system upon completion.</p>
Reading journal articles	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	1 per article	<p>-Journal name, volume #, issue #, issue date, page numbers, article title, author and date of review must be entered into the online tracking system.</p>
Reference text review	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<p>-A review of a textbook or text chapter to further to expand knowledge.</p> <p>-May include examination instruction, anatomical or pathological review for enhanced professional performance.</p> <p>-Content must be related to your job responsibilities or allied health field of study.</p> <p>-Resource title, edition/publication date, topic/chapter title, author, pages/chapter reviewed and date of review must be entered into the online tracking system.</p>
Pathological research/literature review/peer case review	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<p>-Case reviews, can be done with a co-worker, interpreting physician, supervisor OR literature review to research and /or refresh on material associated with a condition, pathology or specific job-related area of interest.</p> <p>-For a literature review: resource title, edition/publication date, topic/chapter title, author, pages/chapter reviewed and date of review must be entered into the online tracking system.</p> <p>-For a case review: date, peer reviewed with (co-worker, interpreting physician, etc.)</p>

Online podcasts, webinars, lectures	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<p>-Provider name, title of podcast/webinar/lecture, date of completion, and link/website must be entered into the online tracking system.</p> <p>-If a certificate of participation is supplied, it should also be uploaded into the online tracking system.</p>
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Scientific / Clinical Research

Activity	Directed or Self-Directed	Credit Value	Maximum	Details
Journal submission and publication	Directed or Self-Directed	10 credits per article, credits will be divided proportionally if multiple authors		<p>-Content must be published by a national or international journal.</p> <p>-Includes case reviews, book reviews, technical protocol reviews.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p>
Original scholarly, scientific/clinical research and publication				
- Non peer-reviewed principal author	Directed or Self-Directed	20 credits per paper/article		<p>-Content must be published by a national or international journal.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p>
- Peer-reviewed principal author	Directed or Self-Directed	25 credits per paper/article		<p>-Content must be published by a national or international sonography journal.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p>
- Non peer-reviewed non-principal author	Directed or Self-Directed	10 credits per paper/article		<p>-Content must be published by a national or international journal.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p>

- Peer-reviewed non-principal author	Directed or Self-Directed	15 credits per paper/article		<p>-Content must be published by a national or international journal.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p>
Research participation	Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	5 per project	<p>-Content must be published by a national or international journal.</p> <p>-Participation may include scanning for or consulting as a sonographer: data entry of examination, patient survey or analysis results.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p> <p>-Documentation from the principal author of your participation must also be uploaded into the online tracking system.</p>
Systematic review (meta analysis)	Self-Directed	10 credits per paper		<p>-Systematic literature review for protocol/procedure revisions or research purposes on a new sonography hypothesis.</p> <p>-Content must be published or a component part of a published or research paper.</p> <p>-Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system.</p> <p>-Documentation from the principal author of your participation must also be uploaded into the online tracking system.</p>
Original research poster	Directed or Self-Directed	10 credits per poster		<p>-Content must have been approved for presentation at a recognized regional, national, or international educational program or exhibit.</p> <p>-Poster must be based on member's own sonography based original scientific/clinical research.</p>

				-Poster title, date of event, and name of exhibit/program must be entered into the online tracking system.
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Educational Services (Didactic and Clinical)

Activity	Directed or Self-Directed	Credit Value	Maximum	Details
Precepting students (sonographers, medical, allied health) from an accredited educational program.	Directed	1 credit per day (~8 hours)	8 credits per year	-Members act as a clinical preceptor for an accredited educational program. -A certificate of participation must be uploaded into the online tracking system upon completion.
Attending an educator or preceptor workshops/education sessions provided by an accredited program	Directed or Self-Directed	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	5 credits per triennium	-Attend educator or preceptor workshops/education sessions provided -A certificate of participation must be uploaded into the online tracking system upon completion.
Develop and deliver student/preceptor/colleague/allied health lecture or hands on skills development (excludes program educators)	Directed or Self-Directed	3 credits per 50-60 minute lecture	9 credits per triennium	-Lecture or skills development can be a part of student/staff education, rounds, workshops etc. -A letter of participation stating the event name/title, topic or title of lecture/demo, date presented, duration, and type of audience must be uploaded into the online tracking system.
Develop and deliver an international, national, or provincial lecture or hands-on demonstration	Directed or Self-Directed	8 credits per 50-60 minute lecture		-The event organizer will provide the member with a certificate of participation for the lecture or hands-on demonstration. -A certificate of participation must be uploaded into the online tracking system upon completion.

Development of CPD educational activity	Directed or Self-Directed	8 credits per 50-60 minute educational activity		<p>-Examples are lectures, podcast, webinar, etc.</p> <p>-Provider name, title of podcast/webinar/lecture, date of completion, duration, and link/website must be entered into the online tracking system.</p> <p>-If a letter of participation was provided to you by the organization, it should also be uploaded into the online tracking system.</p> <p>-For more information on how to submit a video lecture, podcast, webinar, etc. to be included in the Sonography Canada CPD video lectures, email cpd@sonographycanada.ca</p>
Development of an educational/review poster	Directed or Self-Directed	3 per poster		<p>-Poster can be based literature review or case study</p> <p>-Poster must be presented at a regional, national, or international educational program or exhibit.</p> <p>-Poster title, date of event, and name of exhibit/program must be entered into the online tracking system.</p>