

MEMBER/VOLUNTEER PROFILE: Helping to propagate a culture of compassion in the profession

Jennifer Palej, CRGS



Jennifer was born and raised in Newfoundland and her family migrated to Ontario in her early teens. She once had a career in event planning but transitioned into the field of healthcare. She completed her education at the Mohawk McMaster Institute of Applied Health Sciences. There, she served on student council as Vice-President.

She began her journey volunteering with Sonography Canada when she served as the Board Student Advisor in 2016-2017. Later, she went on to volunteer as Chair of the Conference Planning Committee from 2017 to 2019. She is also the 2017 recipient of the Peter McLardie Memorial Educational Bursary.

She currently specializes in ultrasound for fertility treatment and enjoys teaching other professionals and giving presentations at her workplace.

You might see her speak at a conference one day. For now, she is enjoying family life and working at her clinic.

When asked why she chose to participate in Sonography Canada committees and why it is important for new graduates and sonographers who are new to the profession to become actively involved in the association, she had this to say:

"I have the privilege to call myself a sonographer, not simply an ultrasound technologist. To me, the word "sonographer" implies a professional who is dedicated to life-long learning and excellence even more importantly, a professional who cares.

During my attendance at the national conferences, it became apparent that we have a culture of bright, compassionate people who enjoy giving back to the profession and upholding an expectation of excellence in all that we do.

In my own profession as a sonographer, I get the thrill of experiencing small "wins" like solving the mystery of a complicated case... but best of all are the moments when I get to make a patient laugh, smile or even just make them feel like they are heard. I truly love my job."

FAVOURITE EXPRESSION

Be kind, for everyone you meet is fighting a hard battle.

John Watson