

National Mental Health Survey – Invitation Letter

Hello,

The Canadian Society for Medical Laboratory Science (CSMLS) and Sonography Canada (SC) would like to invite you to participate in a national study that examines mental health and the impact the COVID-19 pandemic has on our members.

Purpose: The purpose of this study is to gauge the level and impact of mental health issues, including stress, burnout, and mental illness within the Canadian workplace. Studies conducted by CSMLS and SC in 2016 and 2018 indicated that continued monitoring of mental health issues is warranted.

Together, our organizations would like to determine the impact of mental health on our professions, and provide insight and opportunities for future initiatives. We will also compare the data collected in 2018 to the current survey results for our professionals and determine any changes across time.

Time: The survey will take approximately 20 minutes to complete. You will be asked questions on different rating scales regarding your current mental health (e.g., stress, burnout, mental health issues, psychological distress) and your quality of work life (e.g., stressors, satisfaction).

Survey Details: For further details about the survey and to complete it, please choose one of the links below. The survey will close May 31, 2021.

English Survey: <https://www.surveymonkey.com/r/2021MHS>

French Survey: <https://fr.surveymonkey.com/r/62CN5BV>

Contact: Should you have any questions regarding the study itself, please contact Brandon Djukic (Principal Investigator; research@csmls.org). As well, you may contact the study investigator associated with your membership organization:

- SC: Tara Chegwin, profpractice@sonographycanada.ca
- CSMLS: Brandon Djukic, research@csmls.org

Sincerely,

Canadian Society for Medical Laboratory Science
Sonography Canada