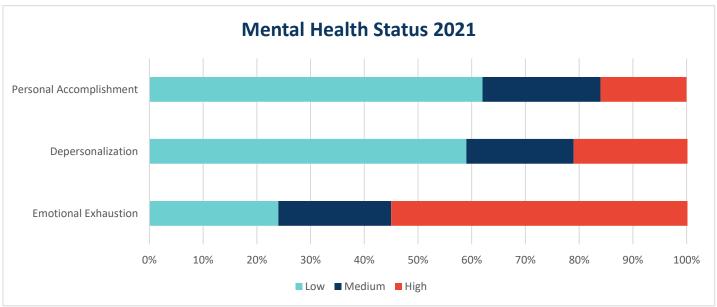
Mental Health of Canadian Sonographers

In May 2021, **78%** of sonographers indicated that they were somewhat or very satisfied with their job. However, this was 5 percentage points lower than in 2018.



7 out of 10 sonographers often or always find their work to be stressful. This is an increase of 9% over 2018.





Mental Health Inventory

Anxiety Behaviour Control Depression Positive Affect

87%

80%

61%

1-3%

1-5%

1-5%

1-12%



Only 1 in 10 sonographers believe working conditions in sonography will get better over the next 5-10 years.

55% of respondents indicated that they have too much work to do everything well.



Top 3 factors
expected to
affect
sonographers in
the future



Higher demands for productivity within the workplace

Increasing risk of musculoskeletal injury (e.g. repetitive strain injury)

General stress and burnout