

# CERTIFICATION EXAMINATION BLUEPRINT GENERALIST SONOGRAPHER EXAMINATION

This blueprint applies to the examination as of January 2022 and is based on NCP 6.1

This blueprint may be modified prior to future examinations, in which case advance notice will be provided.

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#### **Table of Contents**

Purpose of Examination Blueprints	2
How Should Candidates Use the Examination Blueprint?	
Assessment Environments	
Generalist Sonographer Examination Blueprint	4
Appendix A: Examination Techniques for the Generalist Sonographer – OBSTETRICS & GYNECOLOGY	
Appendix B: Examination Techniques for the Generalist Sonographer – ABDOMEN	. 10
Appendix C: Examination Techniques for the Generalist Sonographer – SUPERFICIAL STRUCTURES	
Appendix D: Examination Techniques for the Generalist Sonographer – PERIPHERAL VEINS	

#### **Purpose of Examination Blueprints**

As part of the requirements to qualify for certification as a Generalist Sonographer, candidates will be required to successfully complete both the Core Sonographic Skills Examination and the Generalist Sonographer Examination.

Each examination (Core and Generalist) has a separate Examination Blueprint. The purpose of an Examination Blueprint is to describe how the examination should be developed. Examination Blueprints are based on the Sonography Canada National Competency Profiles (NCP) and identify the competencies upon which questions will be based (these are referred to as "examinable competencies"). Item numbers and references to Appendices (included in this document) that appear in the Examination Blueprints refer to the corresponding items in the NCP. As of January 2022, the content of each examination is based upon NCP Version 6.1.

The Examination Blueprint also identifies the total number of questions in the examinations, and the approximate distribution of those questions among the examinable competencies. This distribution is listed as a percentage range for each grouping of examinable competencies.

The Generalist Sonographer Examination consists of 240 questions. The total time allowed is 240 minutes. There will be a 10-minute break during the exam.

#### How Should Candidates Use the Examination Blueprint?

As described above, examination blueprints are intended to describe how the examination is to be developed. They are not designed explicitly for study purposes but do provide valuable information about the examination content, the number of questions and how content is distributed within the exam. Candidates should refer to the relevant appendices in the NCP for a list of the structures relevant to each content area.

#### **Assessment Environments**

The National Competency Profiles (NCPs) designate the *Assessment Environment* for each competency which denotes the educational setting for assessing student proficiency. The appropriate environment is determined by national survey responses. Educators and student assessors are expected to have a comprehensive understanding of the NCPs. Employers should be familiar with the NCPs to manage entry-level expectations.

The following assessment environments are found in the relevant Appendices:

Assessment Environment	Definition	Criterion for Student Success
<b>A</b> (Academic)	Academic education takes place in a classroom or through guided study involving cognitive and / or affective learning.	Academic assessment consistent with the definition of entry-level competence.
<b>S</b> (Simulation)	Simulation involves cognitive, affective and / or psychomotor learning in a setting that simulates a practice activity.	Simulated performance consistent with the definition of entry-level competence.
<b>C</b> (Clinical)	Clinical education involves cognitive, affective and / or psychomotor learning where learners work directly with human patients in a setting designed to provide patient care. Learners are supervised throughout their clinical education, in a manner that facilitates their development of independent clinical abilities while ensuring safe, effective and ethical patient care.	Reliable clinical performance consistent with the definition of entry-level competence.

## Generalist Sonographer Examination Blueprint

The Generalist Sonographer Examination includes 240 questions: 90 Abdominal questions, 35 Superficial Structure questions, 15 Peripheral Venous questions, 65 Obstetrics questions and 35 Gynecology questions

Exam	inable Competencies	% Range
2.2	Professional judgement	1 - 3%
2.2h	Identify and respond to urgent sonographic findings.	
3.2	Clinical procedures	0.5 - 2%
3.2a	Understand role in interventional procedures.	
3.3	Related techniques and procedures	1 - 3%
3.3a	Measure blood pressure.	
3.3c	Perform palpation of areas of interest.	
3.3d	Perform provocative/dynamic maneuvers.	
3.3h	Understand the application of transrectal imaging.	
3.3i	Understand when to perform a transperineal / translabial scan.	
3.3j	Perform contrast-enhanced imaging.	
4.2	Operation of Equipment	30 - 35%
4.2a	Orient and manipulate transducer.	
4.2b	Perform sonographic examination of structures of interest using knowledge of sonographic principles, instrumentation and techniques listed in Appendices A, B, C, and D.	
4.2c	Monitor output display indices and adjust power output in accordance with "as low as reasonably achievable" (ALARA) principle.	
4.2e	Identify artifacts.	
4.2h	Perform sonographic examinations using 3-D imaging.	

Exam	inable Competencies	% Range
5.1	Examination Planning	14 - 18%
5.1a	Interpret history, signs & symptoms and other relevant information.	
5.1c	Modify scope of examination based on clinical history.	
5.1d	Formulate sonographic scanning strategies.	
5.1e	Integrate knowledge of anatomy and disease processes.	
5.2	Correlation of relevant diagnostic data	2 - 4%
5.2a	Correlate results from laboratory tests, aspirations and biopsies.	
5.2b	Correlate results from diagnostic imaging (radiography, computerized tomography, nuclear medicine and magnetic resonance studies).	
5.2c	Correlate results from obstetric testing (amniocentesis, chorionic villus sampling, chromosome analysis, cell free DNA, dilation and curettage, non-stress testing).	
5.3	Examination	30 - 35%
5.3e	Evaluate images for orientation, identification, and labeling.	
5.3f	Evaluate images for quality.	
5.3g	Recognize sonographic appearance of normal structures.	
5.3h	Recognize artifacts and normal variants.	
5.3i	Differentiate artifact and normal variants from anatomic and pathologic findings.	
5.3j	Recognize and investigate abnormal findings.	
5.3k	Modify examination based on sonographic evidence, clinical information, resource implications and other contextual factors.	
5.4	Technical analysis	10 - 15%
5.4b	Formulate impression based on findings.	
5.4d	Use spatial reasoning to interpret images.	
5.4e	Identify and prioritize differential findings.	

## Appendix A: Examination Techniques for the Generalist Sonographer – OBSTETRICS & GYNECOLOGY

The table below applies to competency **4.2b** and lists the techniques a practitioner should use when examining the structures and characteristics noted. Within this appendix, each technique is assigned an appropriate assessment environment. These are not intended as scanning protocols.

GYN and/or OB	STRUCTURE /		TECHNIQUE								
Trimester	CHARACTERISTIC	real time assessment (transvesical)	measure (2D)	M- mode	colour / power  Doppler  assessment	Pulsed wave (PW) Doppler assessment	measure PW Doppler	endo-vaginal	sonohysterography / hysterosonography		
GYN, 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Adnexa	С						С			
GYN	Bowel	А						А			
GYN, 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Cervix	С						С			
GYN, 1 <sup>st</sup>	Cul-de-sacs	С						С			
GYN, 1 <sup>st</sup>	Endometrium	С	С		А	Α	Α	С	А		
GYN, 1 <sup>st</sup>	Fallopian tubes	С						С	А		
GYN	Muscles & ligaments	А						Α			
GYN, 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Ovaries	С	С		С	Α	А	С			
GYN, 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Urinary bladder	С									
GYN, 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Kidneys	С									
GYN, 1 <sup>st</sup>	Uterus	С	С		А	Α		С	Α		
GYN, 1 <sup>st</sup>	Vagina	С									
GYN	Vasculature of the female pelvis	С			А			С			
Fetal Age / Fetal G	rowth										
1 <sup>st</sup>	Gestational sac	С	С					С			
1 <sup>st</sup>	Fetal pole	С	С					С			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Abdominal circumference	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Biparietal diameter	С	С					А			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Femur length	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Head circumference	С	С								

GYN and/or	STRUCTURE / CHARACTERISTIC	TECHNIQUE									
OB Trimester		real time assessment (transvesical)	measure (2D)	M- mode	colour / power Doppler assessment	Pulsed wave (PW) Doppler assessment	measure PW Doppler	endo- vaginal	sonohysterography / hysterosonography		
Fetal Head											
2 <sup>nd</sup> , 3 <sup>rd</sup>	Anterior horn lateral ventricles	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Atria of lateral ventricles	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cavum septi pellucidi	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cerebellum	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cerebral vessels	Α			А	Α	Α				
2 <sup>nd</sup> , 3 <sup>rd</sup>	Choroid plexus	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cisterna magna	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Falx cerebri	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Skull	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Thalamus	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Third ventricle	С									
Fetal Spine											
1 <sup>st</sup>	Gross spinal development	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cervical spine	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Lumbo-sacral spine	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Thoracic spine	С									
Fetal Face											
2 <sup>nd</sup> , 3 <sup>rd</sup>	Facial profile	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Palate	Α									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Mouth / lips	С									
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Nasal bones	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Orbits	С	С								
Fetal Neck											
1 <sup>st</sup>	Nuchal translucency	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Nuchal fold	С	С								
Fetal Chest / T	horax										
2 <sup>nd</sup> , 3 <sup>rd</sup>	Diaphragm	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Lungs	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Thoracic shape	С									

GYN and/or OB	STRUCTURE /	TECHNIQUE									
Trimester	CHARACTERISTIC	real time assessment (transvesical)	measure (2D)	M- mode	colour / power Doppler assessment	Pulsed wave (PW) Doppler assessment	measure PW Doppler	endo- vaginal	sonohysterography / hysterosonography		
Fetal Heart											
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Fetal heart rate	С		С				С			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Situs	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Size	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Axis	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	4 Chamber fetal heart	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Aortic arch	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Ductal arch	Α									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Outflow tracts	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Three vessel view	С									
Fetal Abdomen											
2 <sup>nd</sup> , 3 <sup>rd</sup>	Adrenals	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Aorta	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Bowel	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Gallbladder	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Kidneys	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Liver	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Renal pelvis	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Spleen	С									
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Stomach	С									
Umbilical Cord											
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Umbilical cord	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Fetal insertion	С			Α						
2 <sup>nd</sup> , 3 <sup>rd</sup>	Placental insertion	С			Α						
2 <sup>nd</sup> , 3 <sup>rd</sup>	Vessels	С		·	Α						
Fetal Pelvis											
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Urinary bladder	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Genitalia	С		·							
Fetal Skin											
2 <sup>nd</sup> , 3 <sup>rd</sup>	Contour	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Thickness	С	Α								

GYN and/or OB	STRUCTURE /	TECHNIQUE									
Trimester	CHARACTERISTIC	real time assessment (transvesical)	measure (2D)	M- mode	colour / power Doppler assessment	Pulsed wave (PW) Doppler assessment	measure PW Doppler	endo- vaginal	sonohysterography / hysterosonography		
Fetal Musculoskele	eton										
1 <sup>st</sup>	Gross limb development	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Feet	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Femora	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Fibula	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Hands	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Humeri	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Radius	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Ribs	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Tibia	С	Α								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Ulna	С	А								
Placenta											
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Placental location / development	С						С			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Grading	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Relation to internal os	С			С			А			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Thickness	С	Α								
Determination of:											
2 <sup>nd</sup> , 3 <sup>rd</sup>	Amniotic Fluid -Single Pocket Evaluation	С	С								
2 <sup>nd</sup> , 3 <sup>rd</sup>	Amniotic fluid index	С	С								
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Chorionicity	С						С			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Cervical length	С	С					Α			
2 <sup>nd</sup> , 3 <sup>rd</sup>	Fetal lie	С									
2 <sup>nd</sup> , 3 <sup>rd</sup>	Fetal presentation	С									
1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Number of Fetuses	С						С			
Other		•									
1 <sup>st</sup>	Yolk sac	С	С					С			
3 <sup>rd</sup>	Cord Doppler	С			С	С	С				
3 <sup>rd</sup>	Amniotic fluid	С	С								
3 <sup>rd</sup>	Breathing	С									
3 <sup>rd</sup>	Fetal movement	С									
3 <sup>rd</sup>	Fetal tone	С									

## Appendix B: Examination Techniques for the Generalist Sonographer – ABDOMEN

The table below applies to competency **4.2b** and lists the techniques a practitioner should use when examining the structures and characteristics noted. Within this appendix, each technique is assigned an appropriate assessment environment. These are not intended as scanning protocols.

STRUCTURE / CHARACTERISTIC					
	real time assessment	measure (2D)	colour / power Doppler assessment	pulsed wave (PW) Doppler assessment	measure PW Doppler
Abdominal aorta	С	С	А		
Abdominal wall	С				
Adrenal glands	А				
Celiac trunk	С				
Chest and thorax	Α				
Common iliac arteries	С	С	А		
Common iliac veins	Α		А		
Inferior vena cava	С		А		
Liver	С	С			
Pancreas	С	Α			
Peritoneal, retroperitoneal cavities / spaces	С				
Spleen	С	С			
Splenic vein	С		С		
Superior mesenteric artery	С				
Biliary System					
Gallbladder	С	С			
Common hepatic duct	С	А			
Common bile duct	С	С			
Cystic duct	Α				
Intrahepatic ducts	С				
Gastrointestinal Tract					
Appendix	S				
Small bowel	А				
Large bowel	А				
Stomach	А				

STRUCTURE / CHARACTERISTIC		TECHNIQUE									
	real time assessment	measure (2D)	colour / power Doppler assessment	pulsed wave (PW) Doppler assessment	measure PW Doppler						
Urinary Tract											
Kidneys	С	С									
Renal arteries	S		S	S	S						
Renal veins	S		S	S	S						
Ureters	С										
Urinary bladder	С	С									
Prostate	С	С									
Seminal vesicles	С	С									
Liver - Vasculature											
Hepatic veins	С		С	С							
Hepatic artery	С		С	С							
Portal veins	С	С	С	С							

## Appendix C: Examination Techniques for the Generalist Sonographer – SUPERFICIAL STRUCTURES

The table below applies to competency **4.2b** and lists the techniques a practitioner should use when examining the structures and characteristics noted. Within this appendix, each technique is assigned an appropriate assessment environment. These are not intended as scanning protocols.

	TECHNIQUE								
STRUCTURE / CHARACTERISTIC	real time assessment	measure (2D)	Colour / power Doppler assessment	pulsed wave (PW) Doppler Assessment					
Breast	Α								
Inguinal region	Α								
Superficial tissues	Α								
Scrotum	С	С	С	С					
Lymph nodes	С								
Popliteal fossa	С								
Glands									
Salivary glands	Α								
Parathyroid	Α								
Thyroid	С	С	С						

## Appendix D: Examination Techniques for the Generalist Sonographer – PERIPHERAL VEINS

The table below applies to competency **4.2b** and lists the techniques a practitioner should use when examining the structures and characteristics noted. Within this appendix, each technique is assigned an appropriate assessment environment. These are not intended as scanning protocols.

STRUCTURE / CHARACTERISTIC	TECHNIQUE						
	real time assessment	colour / power Doppler assessment	pulsed wave (PW) Doppler assessment				
Peripheral veins, upper extremity, for DVT							
Jugular vein	S	S	S				
Innominate vein	S	S	S				
Subclavian vein	S	S	S				
Axillary vein	S	S					
Brachial vein	S	S					
Basilic vein	S	S					
Cephalic vein	S	S					
Peripheral veins, lower extremity, for DVT							
Iliac veins	С	С	S				
Common femoral vein	С	С	С				
Femoral vein	С	С	С				
Popliteal vein	С	С	С				
Sapheno-Femoral Junction	С	С	С				
Sapheno-Popliteal Junction	С	С					
Deep Calf Veins	А	А					