

Stephanie Ricketts, CRGS (Newfoundland)

WHY ARE YOU INTERESTED IN THIS POSITION?

I'm interested in this position because I've always been in the frame of mind that in order to learn and grow in your profession, you must be willing to let yourself test your own boundaries and step out of your comfort zone. I would be absolutely humbled to be awarded the opportunity to work alongside those that are a part of the Board now and those to come.

Healthcare, as we all know, is facing some of the greatest challenges that we have faced. Sonography is continuing to grow and be seen as our own group, our own entity, and I would love to be a part of that growth. Staffing shortages are at an all-time high, and stresses are heightened, but as a profession, I believe that we can rely on each other and have a Board that can help all members through its guidance and by listening to their needs.

WHAT PERSONAL STRENGTHS CAN YOU BRING TO THE BOARD OF DIRECTORS?

Before pursuing a career in Ultrasound, I was an accredited X-Ray Technologist. I have been a generalist sonographer for nearly 10 years, even if it seems surreal to say that. In that time, I have worn many hats besides sonography. I continued with my educational pathway after graduation from sonography and received a Bachelor of Technology - Health Sciences in 2018, completed the Adult Echocardiography Course through the Burwin Institute, and most recently received a Master's Diploma. I feel my current educational credentials will help with the Board position.

As a Graduate of the Memorial University of Newfoundland Master in Technology Management - Applied Science and Engineering program, with a clear focus on strategic planning and conflict management, I can offer many skills that will help me in understanding this position and navigating an opportunity such as this. In addition, I have also been a generalist clinical liaison/preceptor for the past 2 which has allowed me to learn so much about myself and what is required to become a sonographer in today's ever-changing environment.

WHAT PREVIOUS EXPERIENCE DO YOU BRING TO THE BOARD OF DIRECTORS?

Having the ability to watch and be a part of the sonography profession has been a true blessing. After graduating from the sonography program in 2013, I always knew I didn't want to stop there. My first opportunity to volunteer with Sonography Canada was in 2018 on the Local Planning committee for our National Conference in St. Johns, Newfoundland. It went off as planned, with everyone having so much fun. It was then that I could see the importance of networking with fellow sonographers and the time and commitment required for such an event to succeed. After this conference, a call for Volunteers was distributed and I jumped on the chance to apply. I am now sitting on my second term on the Professional Practice Committee. I have learned so much about national guidelines, protocols, and standards to which we hold ourselves and our profession. .