

SONOGRAPHY BASED

Updated January 2025

Directed Activities

Are pre-approved by Sonography Canada or another approved CPD provider and must have a certificate of completion to obtain CPD credit.

Sonography Canada accepted CPD providers for Directed activities:

- AIUM (American Institute of Ultrasound in Medicine)
- AMA Category 1 Courses (American Medical Association)
- ASA (Australasian Sonographers Association)
- ASE (American Society of Echocardiographers)
- ASRT (American Society of Radiologic Technologists)
- ASUM (Australian Society for Ultrasound in Medicine)
- BMUS (British Medical Ultrasound Society)
- BSE (British Society of Echocardiography)
- CAMRT (Canadian Association of Medical Radiation Technologists)
- CSE (Canadian Society of Echocardiography)
- CSVSV (Canadian Society of Vascular Surgery)
- EACVI (European Association of Cardiovascular Imaging)
- EAE (European Association of Echocardiography)
- EFSUMB (European Federation of Societies for Ultrasound in Medicine and Biology)
- ESVS (European Society for Vascular Surgery)
- ISUOG (International Society in Obstetrics and Gynecology)
- Royal College of Physicians and Surgeons of Canada
- SDMS (Society of Diagnostic Medical Sonographers)
- Sonography Canada
- SVS (Society of Vascular Surgery)

SVU (Society of Vascular Ultrasound)

Vascular Society (Vascular Society of Great Britain and Ireland)

Sonography Based

- Must directly involve the practice of sonography.
- Must enrich the member in a direct way by improving sonography knowledge, performance and competency to directly improve patient care.

Academic Skills

Activity	Credit Value	Maximum	Details
Attending national, international, provincial or local conferences and workshops	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<ul style="list-style-type: none">• Content must be sonography based.• Activity must have pre-approved credits awarded by a recognized CPD credit provider.• A certificate of participation must be uploaded into the online tracking system upon completion.• Visit the Sonography Canada website for upcoming events.
Attending formal technical instructional programs/workshops for advanced certification and new clinical competencies (ex NT, Breast, MSK, etc.)	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<ul style="list-style-type: none">• Content must be sonography based knowledge/ skills development and must include both didactic and clinical training, does not require hands on training.• Can be from a national, provincial or local service provider or training program.• Activity must have pre-approved credits awarded by a recognized CPD credit provider.• A certificate of participation must be uploaded into the online tracking system upon completion.• Visit the Sonography Canada website for upcoming events.
Participating in institutional educational or quality assurance rounds, journal clubs (group literature review and discussion)	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<ul style="list-style-type: none">• Content must be sonography based.• Activity must have pre-approved credits by a recognized CPD credit provider.• A certificate of participation must be uploaded into the online tracking system upon completion.
Online Activities: webinars, lectures, podcasts, etc.	1 credit per hour, less than 1 hour credited at 0.25		<ul style="list-style-type: none">• Content must be sonography based.• Activity must have pre-approved credits by a recognized CPD credit provider.• A certificate of participation must be uploaded into the online tracking system upon completion.

	credits per 15 minutes		<ul style="list-style-type: none"> Follow link for Sonography Canada Video Library in the member area: Member Log In / Video Library
Reading journal articles and completing associated quiz/test is national or international sonography journal	As approved at 1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes		<ul style="list-style-type: none"> Content must be sonography based. Activity must have pre-approved credits by a recognized CPD credit provider. A certificate of participation must be uploaded into the online tracking system upon completion. Follow link the Canadian Journal of Medical Sonography (CJMS) quiz: Quiz
Additional credentialing exams	15 credits per credential received		<ul style="list-style-type: none"> Content must be sonography based. Examples of additional credentials Sonography Canada, CCI, ARDMS, etc. Credential certificate must be uploaded into the online tracking system upon completion.

Scientific / Clinical Research

Activity	Credit Value	Maximum	Details
Journal article submission and publication (non-peer reviewed)	10 credits per article if principal author, credits will be divided proportionally if multiple co-authors	No Maximum	<ul style="list-style-type: none"> Content must be sonography based. May include case reviews and technical protocol reviews. Article must be submitted to and published by the Canadian Journal of Medical Sonography (CJMS) or other publication that has pre-approved credits by an accepted CPD provider. If published by CJMS, you may upload a screenshot to claim credits in your account centre.
Book review for publication	2 credits per review		<ul style="list-style-type: none"> Content must be sonography based. Article must be submitted to and published by the Canadian Journal of Medical Sonography (CJMS) or other publication that has pre-approved credits by an accepted CPD provider. If published by CJMS, you may upload a screenshot to claim credits in your account centre.
Original scholarly, scientific/clinical research and publication in CJMS (peer reviewed)		No maximum	

- 1 st author	25 credits per paper		<ul style="list-style-type: none"> • Content must be sonography based. • Article must be submitted to and published by the Canadian Journal of Medical Sonography (CJMS) or other publication that has pre-approved credits by an accepted CPD provider. • If published by CJMS, you may upload a screenshot to claim credits in your account centre.
- Corresponding/senior author	20 credits per paper		<ul style="list-style-type: none"> • Content must be sonography based. • Article must be submitted to and published by the Canadian Journal of Medical Sonography (CJMS) or other publication that has pre-approved credits by an accepted CPD provider. • If published by CJMS, you may upload a screenshot to claim credits in your account centre.
- Co-author	15 credits per paper		<ul style="list-style-type: none"> • Content must be sonography based. • Article must be submitted to and published by the Canadian Journal of Medical Sonography (CJMS) or other publication that has pre-approved credits by an accepted CPD provider. • If published by CJMS, you may upload a screenshot to claim credits in your account centre.
Original research poster	10 credits per poster		<ul style="list-style-type: none"> • Poster must be based on member's own sonography based original scientific/clinical research. • Content must be sonography based. • Activity must be pre-approved for credits by a recognized CPD provider. • Poster must be presented at a regional, national, or international educational program or exhibit. • Poster title, date of event, and name of exhibit/program must be entered into the online tracking system.
Systematic review (meta-analysis)	10 additional credits per published research paper		<ul style="list-style-type: none"> • Systematic literature review for protocol/procedure revisions or research purposes on a new sonography hypothesis. • Content must be sonography based and published or a component part of a published or research paper. • Publication name, volume #, issue #, issue date, page numbers, and article title must be entered into the online tracking system. • Documentation from the principal author of your participation must also be uploaded into the online tracking system.

Professional Service

Activity	Credit Value	Maximum	Details
Volunteer service to a regional, provincial, or national professional organization associated with clinical sonography, credentialing, or accreditation organization.			<ul style="list-style-type: none"> • Examples of organizations are Sonography Canada, CMA program accreditation, regulatory bodies, ACCC, etc. • Activity must have pre-approved credits by a recognized CPD credit provider. • If volunteering for Sonography Canada, a certificate will be issued to you. • If published by CJMS, you may upload a screenshot to claim credits in your account centre. • Visit our website or email info@sonographycanada.ca to get more information about volunteer opportunities with Sonography Canada.
- Executive Committee	8 credits per year		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
- Board of Directors	8 credits per year		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
- Committee Member	8 credits per year		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
- Member of working group	4 credits per year		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
Chair or lead of committee or group	2 additional credits per year		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
Volunteering service to international sonography related organization	1 credit per hour	8 credits per triennium	<ul style="list-style-type: none"> • Activity must have pre-approved credits by a recognized CPD credit provider. • A certificate of participation must be uploaded into the online tracking system upon completion.
Exam Development			<ul style="list-style-type: none"> • Participation in the below activities that aid in the maintenance and standards development for sonography credentialing exams. • Activity must have pre-approved credits by a recognized CPD credit provider.

			<ul style="list-style-type: none"> • Contact examinfo@sonographycanada.ca if interested in volunteering for Sonography Canada exam development. • If volunteering for Sonography Canada, a certificate will be issued to you.
- Item Writing	1 credits per 3 items accepted	5 credits per year	<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
- New item review	5 credits per session		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
- Standard Setting (Angoffing)	5 credits per session		<ul style="list-style-type: none"> • A certificate of participation must be uploaded into the online tracking system upon completion.
Clinical or professional standards development for Sonography Canada, educational program, or institution.	5 credits per session		<ul style="list-style-type: none"> • Activity must have pre-approved credits by a recognized CPD credit provider. • A certificate of participation must be uploaded into the online tracking system upon completion.
CCSA assessing	3 credits per year	9 credits per triennium	<ul style="list-style-type: none"> • Members must complete training for and act as a Canadian Clinical Skills Assessment assessor for a CMA educational program or for Sonography Canada external candidate assessments. • Sonography Canada and CMA programs will issue certificates to assessors. • A certificate of participation must be uploaded into the online tracking system upon completion.
CJMS journal article technical subject matter review	2 credit per article reviewed	12 credits per triennium	<ul style="list-style-type: none"> • Reviewing an article, in your area of expertise, that has been submitted for publication in the Canadian Journal of Medical Sonography (CJMS). • Contact info@sonographycanada.ca to volunteer for CJMS • If volunteering for Sonography Canada, a certificate will be issued to you.
Annual Sonography Canada Conference planning	3 credits per year	6 credits per triennium	<ul style="list-style-type: none"> • Activity must have pre-approved credits by a recognized CPD credit provider. • If volunteering for Sonography Canada, a certificate will be issued to you. • A certificate of participation must be uploaded into the online tracking system upon completion.

Convening or planning of a provincial or local workshop, instructional course, or education day	5 credits per planned day of the event	15 credits per triennium	<ul style="list-style-type: none"> Activity must have pre-approved credits by a recognized CPD credit provider. A certificate of participation must be uploaded into the online tracking system upon completion.
Professional Annual General Meeting (AGM) attendance	1 credits per meeting	6 credits per triennium	<ul style="list-style-type: none"> Attend an annual general meeting for Sonography Canada or provincial regulatory body. Credits to be pre-approved and awarded by a recognized CPD provider. A certificate of participation must be uploaded into the online tracking system upon completion.
Completion of Sonography Canada member surveys and polls	To be determined		<ul style="list-style-type: none"> Complete Sonography Canada member surveys, credit value will be determined by the amount of time it takes to complete the survey and relevance of content. <p>NOTE: credits will not be awarded for all surveys.</p> <ul style="list-style-type: none"> Sonography Canada will issue certificates to individuals for who participate in the surveys that have been awarded a credit value. A certificate of participation must be uploaded into the online tracking system upon completion.
Special Projects	To be determined		<ul style="list-style-type: none"> Activity must be submitted to Sonography Canada for approval of activity and credit allotment. Credits will be granted at the discretion of Sonography Canada. Contact CPD@sonographycanada.ca with inquires.

Educational Services (Didactic and Clinical)

Activity	Credit Value	Maximum	Details
Precepting students (sonographers, medical, allied health) from an accredited educational program.	1 credit per day (~8 hours)	15 credits per year	<ul style="list-style-type: none"> Members act as a clinical preceptor for an accredited educational program. Content must be sonography based. The accredited educational program will submit credits on behalf of the preceptors and issue a certificate. A certificate of participation must be uploaded into the online tracking system upon completion.

Attending an educator or preceptor workshops/education sessions provided by an accredited program	1 credit per hour, less than 1 hour credited at 0.25 credits per 15 minutes	5 credits per triennium	<ul style="list-style-type: none"> Attend educator or preceptor workshops/education sessions. Credits to be pre-approved and awarded by a recognized CPD provider. A certificate of participation must be uploaded into the online tracking system upon completion.
Develop and deliver student/preceptor/colleague/allied health lecture or hands on skills development (excludes program educators)	3 credits per 50-60 minute lecture	9 credits per triennium	<ul style="list-style-type: none"> Lecture or skills development can be a part of student/staff education, rounds, workshops etc. Content must be sonography based. Credits to be pre-approved and awarded by a recognized CPD provider. A certificate of participation must be uploaded into the online tracking system upon completion.
Develop and deliver an international, national, or provincial lecture or hands-on demonstration	8 credits per 50-60 minute lecture		<ul style="list-style-type: none"> Content must be sonography based. Credits to be pre-approved and awarded by a recognized CPD provider. The event organization will provide the member with a certificate of participation for the lecture or hands-on demonstration. A certificate of participation must be uploaded into the online tracking system upon completion.
Development of CPD educational activity	8 credits per 50-60 minute educational activity		<ul style="list-style-type: none"> Examples are lectures, podcast, webinar, etc. Activity must be accepted and delivered by a recognized CPD provider for pre-approved credits. Content must be sonography based. For more information on how to submit a video lecture, podcast, webinar, etc. to be included in the Sonography Canada CPD Library please email: CPD@sonographycanada.ca Sonography Canada will issue certificates to individuals for their accepted activities. A certificate of participation must be uploaded into the online tracking system upon completion.

Development of an educational poster	3 credits per poster		<ul style="list-style-type: none">• Poster can be based literature review or case study• Content must be sonography based.• Activity must be accepted and delivered by a recognized CPD provider for pre-approved credits.• Poster must be presented at a regional, national, or international educational program or exhibit.• A certificate of participation must be uploaded into the online tracking system upon completion.
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